

# Chito Ryu Manual

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Chito Ryu Karate Canada Instructor Training Chito Ryu Manual Chito-Ryu was developed by O'Sensei (Dr Tsuyoshi Chitose) the 6th master of To-De (Chinese hand) [pictured right]. By combining the strengths of two Okinawan martial arts, Shuri no te and Naha no te, along with his medical knowledge, O'Sensei developed Chito-Ryu. Beginner Manual - Chito-Ryu Chito Ryu is a traditional Okinawan style of karate founded by Dr. Tsuyoshi Chitose (O'Sensei). Chito Ryu derives from two disciplines, Shuri no Te (now Shorin Ryu) and Naha no Te (now Shorei Ryu). O'Sensei created Chito Ryu by combining the merits of both these styles with his medical knowledge, to develop a healthier alternative. Chito-Ryu Karate-Do Yoshinkan Karate Chito-Ryu was developed by O'Sensei (Dr Tsuyoshi Chitose) the 6th master of To-De (Chinese hand) [pictured right]. By combining the strengths of two Okinawan martial arts, Shuri no te and Naha no te, along with his medical knowledge, O'Sensei

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preparing the mind and body to defend against aggressive behaviour or assault. Chito Ryu karate improves mental focus and concentration and builds self confidence. New Brunswick Chito-Ryu Karate - Merchandise Chito-Ryu is one of the oldest styles of karate in Canada. Its founder was a physician and optimized its training methods to provide safe physical conditioning while maintaining maximal effectiveness. Canadian Chito-Ryu Karate-Do Association - National ... Chito ryu in Canada Chito-ryū is a popular mainstream karate style in Canada, with approximately 60 Chito-ryū dojos in 8 of Canada's 10 provinces. Chitose visited Canada in 1967, accompanied by one of his leading protégés, Mamoru Yamamoto (who would later go on to found Yōshūkai Karate-do). Calgary Chito Ryu Karate Club - History of Chito Ryu Katas The others, who chose to remain loyal to the Japanese parent organization, formed the new organization Chito Ryu Canada ICKF. Chris Taneda, Kyoshi and 7th Dan, is their most senior instructor. Australia. The International Chito-Ryu Karate-do Federation of Australia (ICKFA) is the governing association for Chitō-ryū dōjō in Australia. Chitō-ryū - Wikipedia Yoseikan Cincinnati. Students learn Chito-ryu Karate and bushido (the way of the warrior) in an environment of shugio (austere discipline). The class content changes as we practice a variety of different aspects of martial arts including: basic technique, kata, kumite, self defense applications and some weapons work. Yoseikan Cincinnati - Cincinnati Martial Arts We have offered traditional martial arts training in Chito Ryu Karate Do over the past 15 Years. The dojo offers classes for all levels to men, women, and children starting from age 7. We promote the well being of all individuals who seek training in Karate-do by assisting them to achieve a greater sense of health - spiritually, mentally, and physically - through the ideals handed down by ...

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#### Beginner manual Chito Ryu Karate | Gendai Budo | Karate

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#### **Chitō-ryū - Wikipedia**

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#### **New Brunswick Chito-Ryu Karate - Merchandise**

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#### **Yoseikan Cincinnati - Cincinnati Martial Arts**

Chito Ryu Kyu Requirements Prepared by: Chito Ryu Technical Committee Senseis: Romualdo Ferri Robert McInnes Germain Bisson Chris Golz Troy Shore Ken Roper Derek Ryan Harvey Hiob David Chong (Secretary) September, 2010 KYU REQUIREMENTS 1 Canadian Chito-Ryu Technical Committee. ROKU-KYU TO GO-KYU

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